

"The Bewitching Bow" Series



"The Bewitching Bow"

*- an occasional series for
the violin and viola.*



THE POSITION PACK

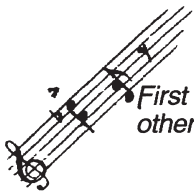
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Kerry Milan

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THE POSITION PACK.

Sheet one.



First of all, practise the three pieces below, concentrating on a perfectly rounded third finger (keep the other fingers off the string) and on perfect tuning. They also make good duets with other tunes in the set.

OVER THE MOON.

With AU CLAIR DE LA LUNE.

COUNTDOWN TO TAKE-OFF.

With HOT CROSS BUNS.

FINGERS CROSSED!

With ROCKINGHAM.

The second step involves practising these opening pieces again, but this time, move the hand slightly up the neck (into 'second' position) so that the fingered notes are now covered by the **second** finger. Then repeat the exercise, moving the whole hand a little further up the neck (into 'third' position) so that the fingered notes are now covered by the **first** finger. The thumb should still be opposite the first finger.

Now try the following: here is 'Fingers Crossed!' again; but this time instead of using the open strings wherever possible, it will sometimes be better to **finger** the notes, as the fingering below indicates:

Alternatively, practise in second position, starting 0 2 3 2, and try the other two pieces in the same way.

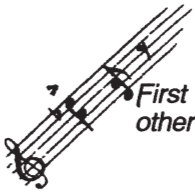
Here is 'WESTMINSTER CHIMES', in first position needing up to ten string crossings.

Now move the whole hand slightly up the neck and play the piece in **second** position, all on one string.

... and again, with the hand a step higher still you are in **third** position.

THE VIOLA POSITION PACK.

Sheet one.



First of all, practise the three pieces below, concentrating on a perfectly rounded third finger (keep the other fingers off the string) and on perfect tuning. They also make good duets with other tunes in the set.

OVER THE MOON.

With AU CLAIR DE LA LUNE.

COUNTDOWN TO TAKE-OFF.

With HOT CROSS BUNS.

FINGERS CROSSED!

With ROCKINGHAM.

The second step involves practising these opening pieces again, but this time, move the hand slightly up the neck (into 'second' position) so that the fingered notes are now covered by the second finger. Then repeat the exercise, moving the whole hand a little further up the neck (into 'third' position) so that the fingered notes are now covered by the first finger. The thumb should still be opposite the first finger.

Now try the following: here is 'Fingers Crossed!' again; but this time instead of using the open strings wherever possible, it will sometimes be better to **finger** the notes, as the fingering below indicates:

With ROCKINGHAM.

0 1 2 1 1 2 1 2 1 0 0 0 1 0 1 2 1 1 2 1 2 0 1 2 1

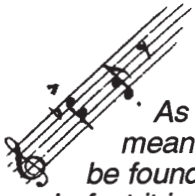
Here is 'WESTMINSTER CHIMES', in first position needing up to ten string crossings.

Now move the whole hand slightly up the neck and play the piece in **second** position, all on one string.

... and again, with the hand a step higher still you are in **third** position.

THE POSITION PACK.

Sheet two.



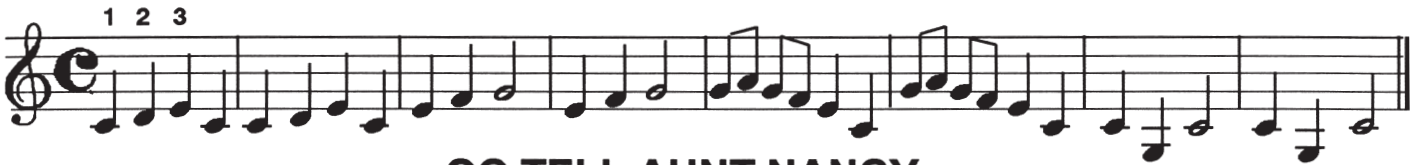
As well as making it possible to avoid string crossings, playing in second or third position also means that higher notes can be found, as here on the E string.

In fact it is often no more difficult to play in one position than another; but of course it takes time to get used

to the new fingerings and finger spacings. One very useful tip: keep the first finger down on the string where possible, even if it has not to be used straight away.



FRERE JACQUES



GO TELL AUNT NANCY



LONDON'S BURNING



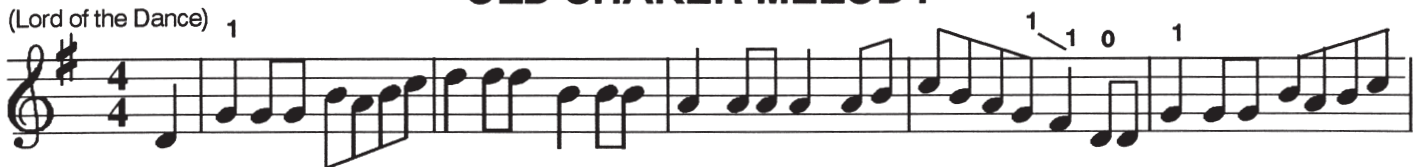
ST PAUL'S STEEPLE



HOT CROSS BUNS



OLD SHAKER MELODY

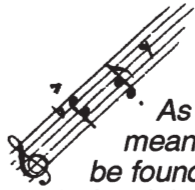


ROCKINGHAM



THE VIOLA POSITION PACK.

Sheet two.



As well as making it possible to avoid string crossings, playing in second or third position also means that higher notes can be found, as here on the A string.

In fact it is often no more difficult to play in one position than another; but of course it takes time to get used to the new fingerings and finger spacings.

One very useful tip: keep the first finger down on the string where possible, even if it has not to be used straight away.



FRERE JACQUES

1 2 3



GO TELL AUNT NANCY

(Preparation notes) 3



LONDON'S BURNING

0 1



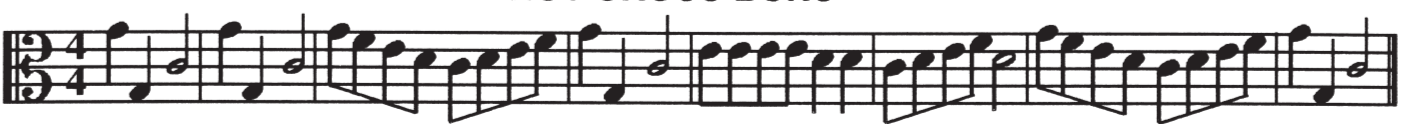
ST PAUL'S STEEPLE

4



HOT CROSS BUNS

1



(Lord of the Dance) 1

OLD SHAKER MELODY

1 1 0 1



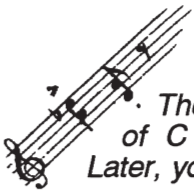
ROCKINGHAM

3 1 (b) 4



THE POSITION PACK.

Sheet three.



The scales of D major and C major can both be played entirely in **third** position; but the scale of C major should also be practised in the **second** position, starting with the second finger. Later, your teacher may well suggest several other ways of fingering these scales and arpeggios.

D MAJOR



C MAJOR



The rest of this page provides more **second position** practice. Again, where possible keep the first finger down on the string.

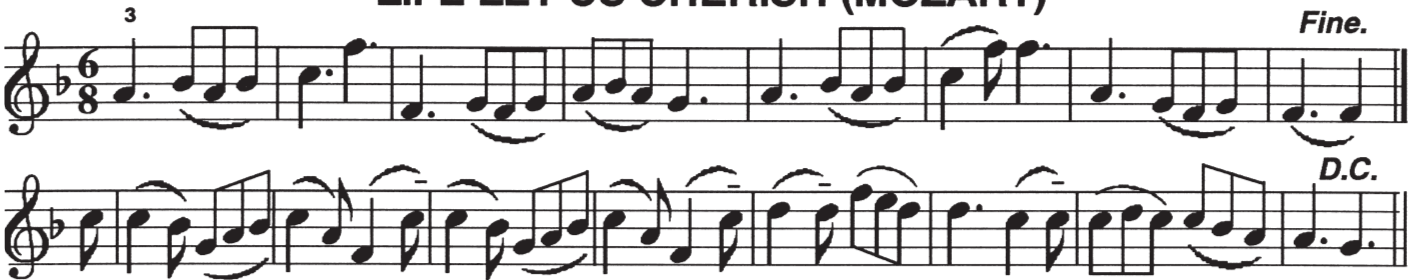
TULLE LULLE



ADAM AND EVE



LIFE LET US CHERISH (MOZART)



POLLY PUT THE KETTLE ON



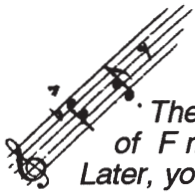
Again, hold down the first finger and take extra care when the **fourth** finger has to be stretched for the B natural and the E.

YANKEE DOODLE DANDY



THE VIOLA POSITION PACK.

Sheet three.



The scales of G major and F major can both be played entirely in **third** position; but the scale of F major should also be practised in the **second** position, starting with the second finger.

Later, your teacher may well suggest several other ways of fingering these scales and arpeggios.

G MAJOR

F MAJOR

The rest of this page provides more **second position** practice. Again, where possible keep the first finger down on the string.

TULLE LULLE

ADAM AND EVE

LIFE LET US CHERISH (MOZART)

POLLY PUT THE KETTLE ON

YANKEE DOODLE DANDY

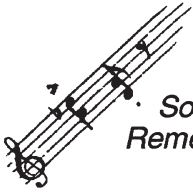


Again, hold down the first finger and take extra care when the **fourth** finger has to be stretched for the E natural and the A.



THE POSITION PACK.

Sheet four



Sometimes you will need to move the hand during a piece. This is called **shifting**. Remember that the basic shape of the hand should not change. Here there are rests to help!

AU CLAIR DE LA LUNE

When there are no handy rests, it is sometimes possible to shift instead while playing open strings, as in the next piece. Use this as a rather tricky little shifting exercise.

LONDON'S BURNING (again!)

Shifting can also be a good way of playing "sequences", where the fingerings are similar; but take note of whether the spacing patterns are exactly the same or not.

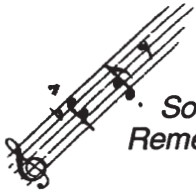
CONSEQUENCES. Study duet with LIFE LET US CHERISH.

SING A SONG OF SIXPENCE.

Finally, try this: the opening section in 2nd position, the second half in third position.

THE VIOLA POSITION PACK.

Sheet four



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